

## Star Trac E-Series Stepper

### Preventative Maintenance

With durable, high performance components, the **STAR TRAC E-ST STEPPER** is designed for heavy usage with minimal maintenance required. To keep your Stepper in top condition, Star Trac and Blue Fitness strongly recommends performing the regular daily, weekly and monthly preventive maintenance routines outlined below.

Any unusual symptoms, such as a loud continuous noise during operation, should be reported to Blue Fitness on (09) 845 0035 or via the website [www.bluefitness.co.nz](http://www.bluefitness.co.nz) and Product Support.

#### DAILY MAINTENANCE

- Remove excessive accumulations of dust, dirt, and other substances by using a clean, soft cloth and a non-abrasive liquid cleaner.
- Wipe down the exterior of the display panel, hand rails, pedals, shrouds and heart rate grips.

**NOTE:** DO NOT spray the cleaner directly onto the display panel or heart rate grips.

#### WEEKLY MAINTENANCE

- Vacuum the floor under and around the Stepper. Move the Stepper to another spot, if necessary, to vacuum thoroughly.
- Inspect the Display Panel mounting screws for security, and retighten if necessary.
- Inspect the Display Panel keypads for wear.

#### MONTHLY MAINTENANCE

- Check that the seat, pedals and shrouds are secure.
- Check the upper body arms for looseness. Tighten screws as necessary.
- Check for smooth and quiet operation of all moving parts.